

## Me to We: Finding Meaning in a Material World By Haley Bunnell

Me to We is a new philosophy to live positively in the world-one action, one act of faith, and one small step at a time. Two influential brothers wrote this novel to inspire people to make a difference, and to look on life in a different non-materialistic way. They teach individuals to not focus on themselves: hair, expensive clothes, jobs, and make up. Rather to focus on others in need of food, a home, and clean clothes. The authors emphasized frequently that if we look at the kids with no parents, a boxed home, 9 year olds in a war, starving of hunger, kidnapping, and plaguing diseases, not many are fighting to help those in need. They discovered that we are afraid when we focus on others, ourselves would be washed away, or they think that one individual can't do it alone.

The youngest author proved that statement wrong. When he was 12 years old he read about a three year old child in Thailand who was sold by his parents for \$14 to manufacture rugs. When the boy was twelve years old he was still enslaved and had been shot by soldiers when he was with his friends. After reading this awful passage, the brother was stunned and couldn't believe someone would kill a kid. He kept reading similar stories, and wondered why people aren't stopping this mess, and why it is still going on. So as a sixth grader he gave a speech to his fellow classmates and told them about these tragedies. Soon after he started a protest, made petitions for everyone to sign, and even made his own telephone line. He wanted to help people in need, and find a way to make this world a better place. He kept striving to help through all of his teenage years and he had changed the world.

This book contained many stories of people like you and me that focused only on them till they were inspired and really saw that this world does need help. These interviews were very inspiring, and are changing my perspective of the world. They are encouraging me to make a difference and put effort out to make a person dying or struggling smile. I want to help and inspire others too. I learned that one of the greatest rewards of helping others is finding a purpose and meaning in life. Helping others leads us to rediscover our connection to the world, and in an age when many people are questioning their faith. Charitable work provides renewed hope and belief. Although each of us interprets the meaning of life in different ways all of the worlds major faiths emphasize the importance of helping others.

The two brothers have witnessed teachers spending their own money to help at risk students, aid workers toiling to the point of exhaustion to care for desperate people in refugee camps, and mediators risking their lives to secure peace in war zones. These are people our generations need to follow in this Me to We society. Let's not just sit here and watch these inspirational people make a change. Let's follow their example and lead others to make a difference in this world too.