



Silent Unity

Prayer Service

June 2010

It is not I, but the Christ within who does the work.

As we begin our prayer time together, we think of the changing seasons. Each winter we see nature at rest beneath the ice and snow. We witness nature's blossom and growth in the spring, It is ready to release and play through the summer months as the bright sun nourishes us and our planet. We follow this same cycle of change each time we move through prayer and meditation. We go within and become quiet and still, later emerging from the Silence refreshed and renewed, ready to spring forward into life. Let us delight in these thoughts as we move into prayer, meditation and the Silence ... ≈

I am now enfolded in the peace of God.

I breathe deeply and feel the sweet peace of God that is within me and all around me. God is everywhere present. God is in the smell of the summer grass, the sweet burst of flavor in a piece of fresh fruit. God is in this and so much more. When the outer world doesn't look or feel so sweet, I know that God is still within me and all around me. I go within and once again I am enfolded in the peace, the love, the sweetness of God and I rest for a time ... in the Silence ... ≈

The wisdom of Spirit guides me.

I allow divine wisdom and my intuition to guide me. I take time to be still and know God's voice that is always present. As I listen in the silence, I find my way, my grace-filled way, the way of Spirit within me and as me ... ≈

God's restorative power is quickened within me. I am healed.

Healing is the process of allowing Spirit to flow in and through my life. It is a loving process that helps me stay attuned and aware of the restorative power of God. I allow the process to be ever-flowing. I choose now, in this moment, in this very place and time to fully allow the restorative power of God to be quickened in me. I am healed at depth and assured of this truth in the Silence ... ≈

By the grace of God, I am unlimited.

I am free, I am unlimited. God's grace flows into every aspect of my life. True prosperity is mine and I am grateful. From this place of unlimited abundance, I make wise decisions. I take time to commune with God and find the grace in every situation and circumstance in my life. From my time spent in conscious oneness with God, I am filled with the wonder of freedom ... in the Silence ... ≈

Divine love lifts our minds, hearts and actions to peace.

Divine love makes known to me how peaceful this world can be. Seeing through the eyes of love, I release concern for the appearances around me. Divine love lifts my heart and mind to discern what is mine to do. I take appropriate and timely actions from the clear vantage point of God's love within me. Divine love lifts me as I spend time in the Silence ...

This sacred time of prayer and meditation now comes to a close. Our minds and hearts remain open and receptive to the flow of Spirit all day and all night. We need only take a moment and breathe, then remember the true and lasting peace that is within us now and always.

And so it is ... AMEN

Let us conclude by praying together the "Prayer for Protection":

**The light of God surrounds us;
The love of God enfolds us;
The power of God protects us;
The presence of God watches over us.
Wherever we are, God is!**

For loving prayer support night or day, call or write:

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**1-800-669-7729
1-816-969-2000
1901 NW Blue Parkway
Unity Village, MO 64065-0001
www.silentunity.org**