



Silent Unity

Prayer Service

April 2012

It is not I, but the Christ within who does the work.

In prayer and meditation a sacred space is created by letting go of the busyness of the day. We still our thoughts and quiet our minds as we focus on the Christ Presence within. We feel our bodies relax, making a conscious choice to release all concerns to God's tender care. Deep within our souls we are at peace. We move into a time of conscious connection with Spirit as we rest in the Silence ... ≈

I am tranquil as I experience love and peace within me.

I feel a sense of calm wash over me and I am bathed in God's peaceful presence. Aware of divine love enfold-ing me now, I rise above any seeming obstacle in my life. Peace is my natural expression as a child of God, so I let go, here and now. I create the space in my heart to radiate love and tranquility. In the stillness, I rest in God's perfect peace ... ≈

Confident and assured, I trust my inner guidance.

Divine wisdom is available to me, for God's presence is always within me. I am confident knowing divine wis-dom guides my way. I take inspired action as I am led by Spirit. I trust my inner guidance and I affirm right and perfect outcomes. All areas of my life are blessed as I act on God's wisdom. I listen in the Silence ... ≈

**Health is my natural state.
My body responds to love and care.**

I take time now to bless my body with life-renewing thoughts of health and wellness. I focus my attention within and give thanks that every cell, tissue and organ of my body is infused with God's healing love. The power of God within me expresses as life. I am vibrantly alive and filled with a rejuvenating, healing energy. I rest in the Silence knowing I am whole and well ... ≈

I am grateful for blessings manifested and all those yet to be.

The presence of God within is the source of all good and I am grateful. I am infinitely blessed and supported on my life's journey. My awareness of divine good expands, and I am open and receptive to give and receive. I rest in the stillness, grateful for blessings manifested and for all those yet to be ... ≈

I treat others with loving-kindness, co-creating a world at peace.

God's harmonizing power guides my words and actions, creating ripples of peace in the world. My thoughts and prayers inspire me to co-create a world at peace. I contrib-ute to peace by being kind to others and by sharing my spiritual nature with the world. I am one with God and one with all people. Together we create peace on earth. In the stillness, I radiate peace to the world ... ≈

This sacred time of prayer has renewed us. We give thanks for this opportunity to bless and to be blessed in Spirit. As we move into our day's activities, we are peaceful and filled with love. And so it is ... Amen.

Let us conclude by praying together our "Prayer for Protection":

**The light of God surrounds us;
The love of God enfolds us;
The power of God protects us;
The presence of God watches over us.
Wherever we are, God is!**

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Note: ≈ indicates a pause.