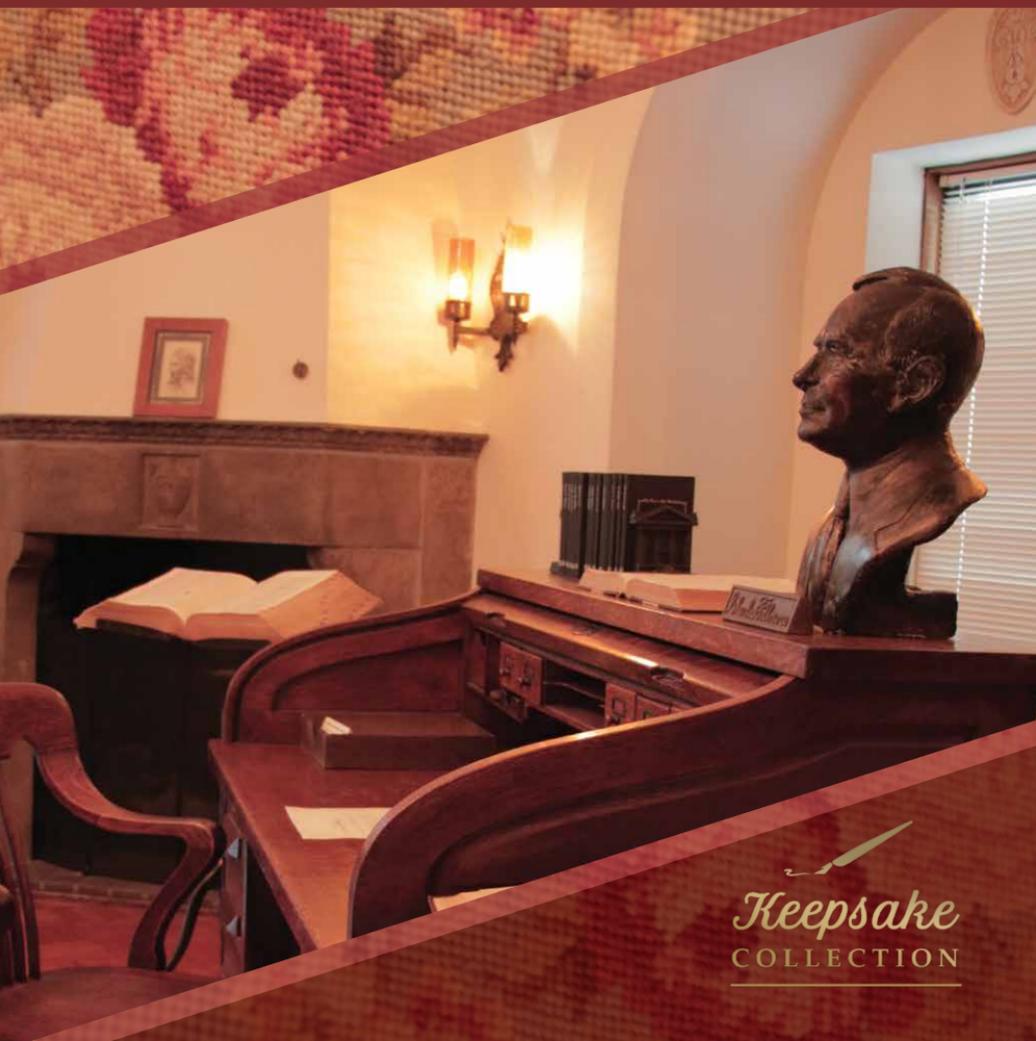


TRUTH BE TOLD

...es it depend on my will to be certain... brings belief in their possibility, and... according to that belief; belief creat... the truth of which is understood... the condition which the existence... faith which is professed... demands... fully that he without in... anything... of the fore... our... of... leave... sum...

FROM THE LEGENDARY WRITERS OF UNITY




Keepsake
COLLECTION

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Thank you!

For more than a century, Unity has been blessed to develop in the media age—first with magazines and books, then radio and television, and now of course the internet, email, and texts. Its spiritual teachings have been communicated all over the world.

However, nothing stirs us quite like the fire and passion of the early writers as they discovered universal principles that were new to them, yet ancient. They eagerly shared what they were learning, and we are blessed to have their powerful writings today.

In this booklet, we have put together for you a sampling of passages from legendary Unity ministers, teachers, and authors. This is far from an exhaustive list, and you might have other favorites. Some are likely familiar and others less so. We've added references so you may continue to explore each of them.

It is our hope that these authors' words of wisdom, truth, and inspiration will invigorate you, make you think deeply, and bring healing and comfort to you.

Your Friends in Unity

ALONE WITH THEE

From Unity Archives, Myrtle Fillmore's personal papers, 1913

Dear Lord of my Being,

Alone with Thee I am asking, *What am I? Who am I? Where am I?*

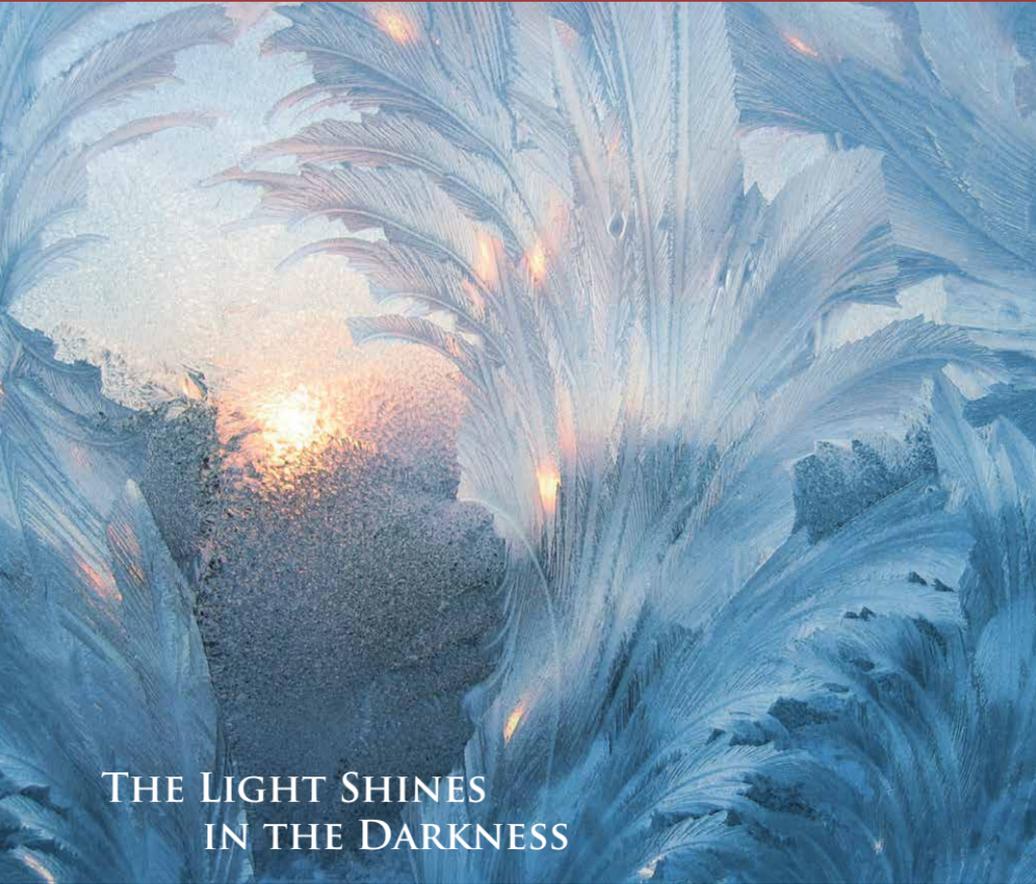
In answer there comes from within "I am not what I seem. Flesh and blood do not reveal me to myself." Back of personal estimate comes the consciousness that some way I am inseparably joined with Thee, and until my union is acknowledged and consummated through divine cooperation of Spirit, Mind, and Body, I am not content—not at one with Thee in consciousness.

I am that I am. I am Thy all Possibility. Where I am in reality is in your Infinite Bosom. Where I am in the world of effects, depends upon what I think I am.

Lord of my being, I would be unentangled from the servitude and vicissitudes of the formed world. I would do all thou wouldst have me do. I would be in the world, but not of it. I would dwell in the glories of Thy omnipresent companionship. I would always be still enough to hear Thy voice instead of the confusion and clamor of the world of senses.

I would know and not assume. I would truly live and not merely exist. Give me dear Lord thy conscious support and let me be filled with the love and zeal that gives character and direction to the activities of my mind and body.

I in Thee, and Thou in me and they in us made perfect in one.



THE LIGHT SHINES IN THE DARKNESS

From How to Let God Help You

We are not to be too concerned with the appearances of inharmony, lack, and imperfections about us. These things are not real, and they will pass away quickly as Truth takes hold in the consciousness. We are to remember that the light shines in the darkness—and that in the very midst of the darkness, man's mind opens to the Light, and for him there is no more darkness.

Mary Kupferle

MARY KUPFERLE

TRUST THE SPIRIT WITHIN

From God Will See You Through

Trust the Spirit within, dear friend, to help you relax and let go. Trust the Spirit within to increase your health, happiness, and contentment.

Trust the Spirit within to bring you refreshing rest, sleep, and renewal each night. Trust the Spirit within to reveal to you right companions and satisfying relationships. Trust the Spirit within to pave the way to effective action and enjoyable living.

Trust, truly trust, the Spirit within.

Your trust frees you from burdens and releases you from feelings of excessive responsibility. To trust the Spirit within enhances the working of your intellectual processes and helps you perceive when the suggestions of others are wise and right for you. To trust the Spirit within brings you inner freedom from heaviness of thought and emotion and lifts you above the strain of difficult striving ...

Trust the Spirit within to give you the right ideas to solve anything in your life that needs solving. Trust the Spirit within to illumine your mind. Trust the Spirit within to heal your body. Trust the Spirit within to release you from limiting relationships or habits. Trust the Spirit within to free you from agitation or irritation in regard to



the attitudes of others. Trust the Spirit within to quiet your impatience and bring new peacefulness to your soul. Trust the Spirit within to show you how to handle your business, to give you guidance in making decisions, to fill you with a feeling of well-being ...

Trust the Spirit within—within yourself, within others, within any situation or circumstance confronting you. Trust the Spirit within your business ventures, within everything around you, within the weather, the plane in which you fly, the car in which you drive, or the environment in which you live. If you think that your faith is not adequate or your belief not strong enough, start to build that faith and belief with these very words, saying them boldly and firmly: *I trust the Spirit within.*

Practice trusting God, practice trusting His presence in you, practice trusting God's presence in others. Practice and continue practicing.

Repeat the words: *I trust the Spirit within*, then let go.

Discipline yourself to affirm this at the very moment you become upset or disturbed about something. Use the wonderful tools of your

mind and heart positively and constructively and stay with the affirmative attitude of trusting the Spirit within until you begin to feel an inner response. It will come. ...

Repeat the words: I trust the Spirit within, then let go.

If at first you find it a struggle to trust, trust anyway. If you feel that it is impossible for you to trust, trust anyway. If you think you cannot make the grade, trust the more. If you doubt your