



# Silent Unity

## Prayer Service

August 2017

*It is not I, but the Christ within who does the work.*

“Be still, and know that I am God.” These words invite us to turn within to the power of God. As we *know* God within, we know our true selves. We are free to express our divinity. We are empowered to live in a spirit of wisdom and love.

As we spend time together in silent soul communion, our minds open and our hearts are receptive to divine inspiration. We listen, we affirm our good, we release, and we give thanks. Let us begin this time together as one heart and one spirit.

Peace dwells in the silence of my soul.

*Quieting my thoughts, I become still and simply be. I am present in this moment. I deepen my connection with Spirit within. Spirit speaks to my soul. I listen and know: I AM Peace. I am peaceful. My soul is lifted high into a new realization of peace as I enter the silence of prayer ... ≈*

Open to divine direction, I am gently guided to my good.

*Settling deeper into prayer, I open to the wisdom of God within. I know that I AM Light. Wisdom comes to me softly as a whisper, gently as a nudge, clearly as a cloudless sky. I am open to divine direction; I know; I understand; I am directed to my good. Centered in my oneness with Light, I pray ... ≈*

The life of God flows through me as renewing energy.

*In this quiet moment, I know. I AM Life. Divine life is the essence of my being. I attune to Life within and feel energy pulsing through me, revitalizing and renewing my mind and body. I am strong. I release any thought that does not reflect the Life that I am. I pray in this knowledge ... I am whole. I am free as I enter the Silence ... ≈*

I open my mind to divine ideas, and new avenues of supply are revealed.

*I know absolutely that I AM Abundance. Attuned to Divine Mind, I have an infinite resource of creative ideas and prospering ways to use them. All avenues of good are open to me. As I pray in the stillness, I give thanks for the inspiration that guides me and the courage that sustains me on each new venture ... ≈*

I hold a vision of harmony and goodwill for the world.

*Continuing to breathe into the stillness, I once again deepen into peace. From a heart of peace, I send vibrations of love into the world. I envision everyone acting from a place of compassion and kindness. I hold an image of all people living in harmony. Immersed in peace, I pray ... ≈*

We begin now to bring our awareness back to this time and place. We have spent this quiet interval knowing the truth about ourselves. Getting ready to return to the routines of our day, we set our intention to listen to Spirit within. Having released all, we again affirm our good and give thanks, knowing all is truly well. Let us end our prayer time as we began, affirming our oneness in heart and spirit as we pray our “Prayer for Protection”:

**The light of God surrounds us;  
The love of God enfolds us;  
The power of God protects us;  
The presence of God watches over us.  
Wherever we are, God is!**

*For loving prayer support, night or day, call or write:*

**unity**  
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Note: ≈ indicates a pause.

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