



Silent Unity

Prayer Service

July 2017

It is not I, but the Christ within who does the work.

Prayer is a time of communion with God and attunes us to God within—our divine nature. Through our practice of prayer, we more fully express our divinity. We enter this prayer time, open to Spirit, inviting divine love, light, and life to move through us. We let all thoughts of the day fall away as we turn within and focus on our breath. As we quiet our minds, we let these words become the words of our hearts ...

I draw peace and strength from my inner Source.

I settle into this present moment. Quietly, purposefully, I still my thoughts and slowly let my body relax from the top of my head to the tips of my toes. I am grounded in God, my source. Peace is mine as I enter the silence of prayer ... ≈

Divine light illumines my mind and guides my way.

Attuned to divine light, I release any concern or question to Spirit within. With this light as my guide, I am ready to walk a new course. I have faith in my divine intuition to direct me on the path of peace and fulfillment. I pray in the Silence, fearless and free ... ≈

God is my strength and vitality. I am renewed.

Moving my focus to the life of God within, I become aware of a stream of healing energy flowing throughout my body. I give thanks for this divine energy as it flows through me, renewing every cell of my body. I give thanks and affirm strength and wholeness as I return to the Silence ... ≈

The infinite goodness of God flows to me and through me.

In this quiet time, I celebrate the goodness of God and divine abundance everywhere around me. I open to divine ideas, with which I create a rich and meaningful life. I pray with a grateful heart for infinite goodness, knowing abundance is mine ... ≈

I am an ambassador of peace in the world.

Returning my thoughts to peace, I feel centered and one with God. I let my thoughts of peace radiate outward to bless every being in the world. As an ambassador of peace, I express love, I invite harmony, and I exemplify divine peace in the world. With peace in my heart, I bless the world in prayer ... ≈

As our prayer time draws to a close, we give thanks for our unity of spirit and our oneness with God. Knowing we are enfolded in a spirit of divine love and peace, we return to our day energized and ready to express our divine nature in every circumstance. Let us conclude this time together by joining our hearts in the “Prayer for Protection”:

**The light of God surrounds us;
The love of God enfolds us;
The power of God protects us;
The presence of God watches over us.
Wherever we are, God is!**

For loving prayer support, night or day, call or write:

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Note: ≈ indicates a pause.

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