



Silent Unity

Prayer Service

October 2017

It is not I, but the Christ within who does the work.

As the days become shorter and cooler, we find ourselves in a season that encourages us to gently turn within. There is within us a place of quiet serenity that is a sacred space for replenishment of the soul. Let us take a deep breath together as we each enter our inner sanctuary in this time of prayer.

My heart is a sacred space of peace.

Peace is an attribute of God and therefore part of who I am as a spiritual being. In this time of prayer, I center my attention in my heart and experience a sense of calm. I release any concerns. Within me is the sacred space where perfect peace resides. I am serene as I pray in the Silence ... ≈

I easily and gracefully express my inner wisdom.

As a beloved child of God, I have instant access to perfect understanding and clarity as I move through each day. I make wise decisions, confident that I am divinely guided. I am moved in ways that bless me and allow me to express my inner wisdom with grace and ease. In faith, I wait now in the Silence ... ≈

I relax into the infinite stream of divine life, and I am healed.

I trust the infinite stream of life that is a constant flow within. I am renewed and revitalized with every breath. I let go of any thought or habit that would impede the activity of divine life within my body, mind, or emotions. I experience healing energy now as I relax into the Silence ... ≈

I am open and receptive to the rich ideas of Spirit.

There is no limit to the abundant goodness of Spirit active in my life. I open my mind and invite new and

creative ideas to come into my awareness. Abundance manifests as I act on these divine ideas. Spirit is the source providing me with ideas that enrich and prosper my life. I am blessed. With faith, I wait in the Silence ... ≈

Peace in the world begins with peace in my heart.

Peace is an integral part of me as a spiritual being. I embody the peace of God. I know that true and lasting peace begins in my heart and in the heart of each person. In prayer, I open to a new understanding of peace, allowing it to permeate every thought, word, and deed. From my heart, I send forth a blessing to the world as I pray in the Silence ... ≈

As our time of prayer comes to a close, let us take a deep breath together and send forth a final blessing to all who have requested prayer from Silent Unity. Our prayers of faith in the absolute goodness of God go forth to bless those who need inner peace, renewed life, guidance, and prosperity. With another breath, we prepare to return to the activities of this day. Let us end with our "Prayer for Protection":

**The light of God surrounds us;
The love of God enfolds us;
The power of God protects us;
The presence of God watches over us.
Wherever we are, God is!**

For loving prayer support, night or day, call or write:

unity
Silent Unity
24/7 Prayer Support

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Note: ≈ indicates a pause.