

# Silent Unity

## December 2018 Prayer Service



**W**e celebrate the birth of Christ consciousness this month, divinity inherent in humanity. We celebrate Jesus, who embodied divinity and demonstrated a way of living based in spiritual principles. We focus on peace, light, and life within us and all around us, as we begin this time of prayer.

### **Divine peace is my path and my true nature.**

*God is the source of peace within my mind. Peace is born in me. Centered in peace, I know I am one with God, and peace is truly mine. Peace is the foundation from which I think constructively and act intentionally. Peace is my foundation, beginning in the Silence ... ≈*

### **I follow the star and respond to the light of divine wisdom.**

*In the way of wise ones through the ages, I follow the illuminating light of divine wisdom. In any time of need, I make an inward journey and discern how to proceed. Day and night, the star shines and lights my way. I live in wisdom, beginning in the Silence ... ≈*

### **God is the flow of life within my body and being.**

*I affirm God is my life in circumstance. For every concern about health and well-being, I fill my mind with knowledge of God, of life, permeating my body and being. Life is born in me, in every moment of spiritual awareness. I know God is my life, in the Silence ... ≈*

### **I rejoice in abundant possibilities.**

*Joy and celebration are on my mind as I consider how blessed I am. I rejoice in the continual flow of abundance born in me with every thought of appreciation. The desires of my heart are fulfilled as I realize all things are possible because God is my source. I rejoice, in the Silence ... ≈*

### **The Christ born in me is a gift to the world.**

*The Christ, my divine identity, is my true nature. The Christ is born in me, in my realization that I am alive as a gift to the world. As I celebrate the birth of Jesus, the great teacher of Christ consciousness, I celebrate my growing capacity to be a gift, a light in the world, beginning in the Silence ... ≈*

We conclude our prayer time in joy and celebration. Together we pray our "Prayer for Protection," a blessing of reassurance and empowerment for the days ahead:

**The light of God surrounds us;  
I AM light.**

**The love of God enfolds us;  
I AM love.**

**The power of God protects us;  
I AM power.**

**The presence of God watches over us.  
I AM presence.**

**Wherever we are, God is!  
I AM Divine.**

**For prayer support, download the uPray app, visit [silentunity.org](http://silentunity.org), or go to [facebook.com/silentunity](https://www.facebook.com/silentunity).**

  
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Note: ≈ indicates a pause.