

Silent Unity

April 2018 Prayer Service



Retreating for a few moments of focused prayer, we reset mind and heart in the essential truth of our spiritual nature. We anchor our attention in God, the Source of all that is life-sustaining. We command the mind to be attentive; nervous system to be still; heart to be open; and spirit to be free. By the unifying power of divine love, we pray in oneness with God.

I express the peace and love of my Christ spirit.

I am anchored in peace, secure in knowing that spiritual peace is possible regardless of my circumstances. As I focus on my Christ identity, I am empowered to express divine peace and love in any moment. In silence, I pray into peace ... ≈

I seek the guidance of Spirit, and I move forward confidently.

The spirit of wisdom is a constant stream of guidance I rely upon. As I turn inward to wisdom again and again, I grow in trust of my ever-ready sense of direction. I trust, and I proceed, in confidence. I attune to wisdom now, in prayer ... ≈

I am renewed in mind, body, and spirit by the healing power of God within.

I am anchored in the truth of wholeness, aware of the power of God-life within every aspect of my being. I renew in mind as I hold healing thoughts. I renew in body as I bless every cell and structure in my body temple. I renew in spirit as I center myself, in silence ... ≈

I am open to divine ideas and use them to prosper my life.

I catch hold of and am inspired by divine ideas with which to live in purpose and passion each day. Anchored in divine abundance, I am poised for possibilities. Gratefully, in oneness with God, I prosper. Gratefully, I now pray ... ≈

I walk in harmony and acceptance with all beings.

I live in divine love, the power to harmonize my life and my relationship with all beings. I walk in harmony, one with the love that God is. In a state of love, I accept, embrace, and celebrate the light of all beings. I pray in silence ... ≈

Anchored in spiritual peace, wisdom, wholeness, abundance, and harmony, we close this time of prayer in gratitude. We are grateful for our growing realization of God, our Source, and for embracing oneness as the truth of being. We close with the “Prayer for Protection,” together ...

**The light of God surrounds us;
I AM light.**

**The love of God enfolds us;
I AM love.**

**The power of God protects us;
I AM power.**

**The presence of God watches
over us.
I AM presence.**

**Wherever we are, God is!
I AM Divine.**

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Note: ≈ indicates a pause.

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