

# Silent Unity

## August 2018 Prayer Service



**R**etreating from external activity for a little while, we anchor our awareness in God, in good, and in our innate divine identity. Acknowledging that the source of all we need for fullness of life is within and all around us, we breathe in and breathe out, relaxing into the peace of this powerful moment.

### **With each beat of my heart, I relax into peace.**

*The spirit of peace radiates from within me. Turning within, I am centered in the peace that covers every circumstance and concern. Every heartbeat sends a signal to my body and mind: Peace. Peace. Peace. I relax into peace, as I pray in the Silence ... ≈*

### **I am divinely guided step-by-step to a new and fulfilling life.**

*In the midst of every question and concern, divine wisdom is an active force for my moment-by-moment discernment. I am never without a sense of direction, for God is wisdom. In the quiet of prayer, I open inner space for all that I need to know ... ≈*

### **The healing power of divine life within strengthens and revitalizes me.**

*Every cell of my body holds the imprint of divine life. I envision the activity of divine life as a continual flow of vital energy nourishing and nurturing my body and being. Centered in divine life, I am whole, in this moment of prayer ... ≈*

### **I am connected to infinite, abundant spiritual supply.**

*The prospering power of God is in focus as I appreciate all that I have and all that I desire. I waste not a moment in thoughts of lack. Instead, I celebrate the infinite, irrepressible power of prosperity. I turn my mind toward plenty, as I pray ... ≈*

### **I express divine love and affirm peace and harmony for all.**

*Realizing oneness with God, I become an ambassador of harmonious divine love in the world. I strive toward kindness, compassion, and peaceful living in support of all people. I uphold the world and all people in prayer ... ≈*

In a consciousness of peace, power, and plenty, we emerge from the Silence to radiate the light of God into our day. We envision those for whom we pray fortified by spiritual truth and unified by divine love. Together let us recite the "Prayer for Protection":

**The light of God surrounds us;**

I AM light.

**The love of God enfolds us;**

I AM love.

**The power of God protects us;**

I AM power.

**The presence of God watches over us.**

I AM presence.

**Wherever we are, God is!**

I AM Divine.

**For prayer support, download the uPray app, visit [silentunity.org](http://silentunity.org), or at [facebook.com/silentunity](https://www.facebook.com/silentunity).**

  
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Note: ≈ indicates a pause.