

Silent Unity

January 2018 Prayer Service



In the dawning days of a new year, we pray in the spirit of expectancy, envisioning fulfilling days ahead. We focus on the reality of one power, God Power, breathing in fresh opportunities and possibilities. Empowered by faith, we pray.

Peace fills me as I center myself in divine love.

By the magnetizing power of divine love, I know that I am poised to experience and express love in any moment every day. I am one in the harmony and unity of divine love. Peace is my practice as I live in love. Peace is my practice in this moment of silence ... ≈

I walk in faith, guided by my inner light.

The light of divine wisdom is my moment-by-moment compass, a light by which I see the way ahead. Even when I do not perceive it, I walk in expectant faith for I trust that with each step, the light of wisdom is my guide. I focus on the light, in silence ... ≈

The healing power of God flows through my body. I am whole.

As I attune to the animating power of God Life, I claim divine life is my life. Releasing thoughts that lead toward worry or doubt, I claim innate vitality and wholeness. I am one with life! I heal as I realize that my natural state of being is well-being. I heal in this moment of silence ... ≈

I am open and receptive to infinite abundance.

Divine abundance is an ever-flowing stream of possibilities. My open mind and open heart reach for divine ideas with which to express my great purpose and passion. I declare I am enriched in every way, as I pray in silence ... ≈

I hold a vision of peace for the entire world.

Peace is my practice as I realize oneness with God. Peace is my practice as I lead with love and walk by faith. Each moment I practice peace in my innermost thoughts. As I practice peace, I envision the spread of peace everywhere. I pray peace, now, in the Silence ... ≈

Breathing together at the close of our prayer time, we establish our prayerful thoughts as affirming, empowering truth. We bless all who serve and are served in Silent Unity with realization of divine love, wisdom, faith, and life. We breathe again and recite together the “Prayer for Protection”:

**The light of God surrounds us;
I AM light.**

**The love of God enfolds us;
I AM love.**

**The power of God protects us;
I AM power.**

**The presence of God watches
over us.
I AM presence.**

**Wherever we are, God is!
I AM Divine.**

For prayer support, download the uPray app, visit silentunity.org, or at facebook.com/silentunity.

Note: ≈ indicates a pause.

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Silent Unity
24/7 Prayer Support

1-800-669-7729
1-816-969-2000
1901 NW Blue Parkway
Unity Village, MO 64065-0001
silentunity.org