

Nurture

YOUR DIVINE SPIRIT

September 21–24, 2023



Schedule of Activities

All meals will be in the **500 Building, Executive Ballroom**. All sessions, unless otherwise noted, will be in the **800 Building, Hotel Conference Center**.

Thursday	Activity	Location
3 p.m.	Check-In	100 Building, Village Commons
5:30 p.m.	Dinner	
7 p.m.	Nurturing Your Divine Nature Rev. Kathy Beasley—Keynote Speaker	
Friday	Activity	Location
8 a.m.	Morning Yoga (40 minutes)	Labyrinth
9 a.m.	Walking Tour/Archives	100 Building, Village Commons
10:30 a.m.	Every Time I Feel the Spirit Rev. Sandra Campbell It is said that when we sing, we pray twice. This workshop will be an inspiring, uplifting, joy-filled opportunity to raise our voices, our consciousness, and the consciousness of others.	
Noon	Lunch	
2 p.m.	Insight Meditation Rev. Robert Brumet Insight Meditation is a powerful tool for liberating ourselves from the bondage of our conditioning and learning to accept all aspects of life with increasing balance.	
5:30 p.m.	Dinner	
7 p.m.	Miracles Along the Path Debi and Marty Kermeen, Labyrinths in Stone	

Saturday	Activity	Location
8 a.m.	Morning Yoga (40 minutes)	Labyrinth
9 a.m.	Free time: • Prayer chapels • Nature trail • Village Commons	
10:30 a.m.	12 Powers Walking Meditation Rev. Kathy Beasley	
Noon	Lunch	
2 p.m.	Concert #1 with Greg Tamblyn A healthy dose of comic, lasting relief!	100 Building, Village Commons
2–3:30 p.m.	Painting a Prayer—Group 1 Experience how expressive arts can help to deepen your spiritual practice. You will be guided through a five-step process using simple, creative expression. <i>Attendees will be separated into two groups for the Art as Prayer. The first workshop is at 2 p.m., the second at 3:45. When not in the workshop, you are free to explore Unity Village.</i>	South Portico
3:45–5:15 p.m.	Painting a Prayer—Group 2	South Portico
4 p.m.	Concert #2 with Greg Tamblyn A healthy dose of comic, lasting relief!	100 Building, Village Commons
5:30 p.m.	Dinner	
7 p.m.	Labyrinth Walk Debi and Marty Kermeen, Labyrinths in Stone A candlelight labyrinth walk led by the artisans and creators of the Labyrinth at Unity Village, the largest paver labyrinth in the United States.	
Sunday	Activity	Location
8 a.m.	Morning Yoga (40 minutes)	Labyrinth