

# An Abundant Life



April 27–30, 2023 | Schedule of Activities

All workshops and dinners will be in the 200 Building in the Atrium and Atrium Chapel unless otherwise noted.

Thursday	Activity
3-5 p.m. Village Commons	Retreat Check-In
5:30 p.m.	Dinner
7 p.m.	<i>Creating the Container:</i> In our opening session, we will meet all of our fellow abundance masters and set the container for sacred safety and fun!
Friday	Activity
6:30-9 a.m. Hotel	Breakfast
9 a.m. Hotel	<i>Hiding in Plain Sight:</i> A tour of Unity Village and scavenger hunt starts at the hotel and culminates at the Unity Archives. Prizes to be awarded!
10:30 a.m.	<i>Take the Stairs:</i> Rev. Ken leads an interactive workshop on the four steps of manifestation!
12:30 p.m.	Lunch
2 p.m. Labyrinth	<i>Clearing the Way:</i> A guided meditation and labyrinth walk that concludes with a burning bowl ritual.
4 p.m.	<i>I AM Mapping:</i> Creating a vision board is a powerful way to shift your life. Learn how to incorporate Unity spiritual principles in your vision board to create the life of your dreams.
5:30 p.m.	Dinner
7 p.m.	<i>Money, Money, Money:</i> This evening we explore and blow apart our entrenched beliefs about money and finances. Not for the faint of heart and not to be missed!

Saturday	Activity
6:30-9 a.m. Hotel	Breakfast
9 a.m.	<i>Spiritual Inheritance:</i> We continue our exploration of money, finances, and self-worth with a gift from the Universe.
10:30 a.m.	<i>The Power of Fun:</i> Often, as adults, we have lost the ability to let go and relax. So, we will shake things up, exploring our inner child and releasing creative energy.
12:30 p.m.	Lunch
2 p.m.	<i>A Well-Deserved Rest:</i> Free time to explore, rest, or work on your workbook.
3 p.m.	<i>SURRENDER DOROTHY:</i> One of the most powerful things we can ever do is to surrender to God and let God lead the way. In this exercise, we will experience the power of true surrender!
5:30 p.m.	Dinner
7 p.m.	<i>Name and Claim:</i> In our final workshop, we will state and anchor our abundant life with the support and affirmation of the whole retreat!
Sunday	Activity
6:30-9 a.m. Hotel	Breakfast
10:30 a.m.	Sunday Service