

# Unity Prayer Service

March 2024



**W**ith an open mind and heart, we direct our attention inward, to the source of all our spiritual capacities. We open to the truth of God as our source and inner resource. As we pray, we recognize the nature of God. With compassion for our human experience, we integrate our divine nature, claiming our rightful capacities. Let us pray.

## I claim divine peace in this now moment.

*The presence of God within is the presence of peace. My thoughts still and body systems slow. I am serene as I have a view of my human experience from a position of peace. I affirm peace in my present circumstances. I affirm peace in my mind and body. I AM divine peace ... ≈*

## I claim divine wisdom to know the way forward.

*God is the source of all wisdom, an ever-present inspiration. At the decision point of every moment, I affirm my innate ability to assess options and discern my next steps. Claiming I AM divine wisdom, I trust thoughts arising from spiritual intuition ... ≈*

## I claim divine will, willing to live well.

*Affirming God and I are one, I recognize one divine will, the power to choose, commit, and be willing. What I will to be, I AM. What I will to do, I am willing. I will to live well, which means I choose well-being and commit to healthful habits. I claim the power of will ... ≈*

## I claim the courage of divine strength.

*God is my strength, the power of stability, courage, and tenacity. Nothing that could happen in my day could interfere with or diminish spiritual strength. I affirm stability in times of flux. I affirm courage when feeling weak or worried. I affirm tenacity when I need to hold on. I AM spiritual strength ... ≈*

## I claim divine love to spread harmony throughout the world.

*Divine love, the spirit of harmony and unity, is my source. Centering in divine love, I break through a belief in separateness. I recognize God and I are one. Humanity and I are one. I affirm my capacity to harmonize my thoughts and actions, serving the world in love ... ≈*

Returning our conscious awareness to this embodied moment, we gratefully agree that we are never powerless but always powerfully able to demonstrate spiritual power. Grateful for this knowledge and grateful for our shared prayer consciousness, we conclude by reciting the “Prayer for Protection”:

**The light of God surrounds us;**  
I AM light.

**The love of God enfolds us;**  
I AM love.

**The power of God protects us;**  
I AM power.

**The presence of God watches over us.**  
I AM presence.

**Wherever we are, God is!**  
I AM Divine.

For prayer support, visit [unity.org/prayer](https://unity.org/prayer), or go to [facebook.com/beunity](https://facebook.com/beunity).



1-816-969-2000  
1901 NW Blue Parkway  
Unity Village, MO 64065-0001  
[unity.org/prayer](https://unity.org/prayer)