

Unity Prayer Service

September 2022



We enter into deep spiritual awareness, breathing easily, gently drawing upon the power of God within, and retreating from all concerns. May we know we are immersed in universal intelligence and infinite love. May we know our oneness with God as we pray.

Peace is mine as I rest in this timeless moment.

As I exhale, I soften and still and rest. I remember the power in this moment, the power of God that is my security. I trust the widening arc of peace within and around me, a cushion for relief and rest. Nothing can disturb me. Everything draws me to peace ... ≈

Every cell in my body is full of divine life.

In the harmony of prayer, my heart beats to the rhythm of God. The pulse of infinite life is a continual flow. In reverence, I attune to divine intelligence within every part of my body. With each breath, I affirm life, wholeness, and well-being ... ≈

By the power of divine order, I easily adjust to changing conditions.

Easily and effortlessly, in the breath before each action, I draw upon divine order. I shift my perspective. I veer around seeming obstacles. I see alternative paths ahead of me. I celebrate the vast possibilities for my life, all within reach by the innate power of divine order ... ≈

I am in tune with universal intelligence within and around me.

Let me be aware of the amazing, wondrous reality of divine wisdom. I am attuned to inner guidance. All my faculties are turned on. I listen for a subtle yet certain sense of direction. I live in confidence; every step is in trust. Where I go, wisdom flows ... ≈

My thoughts and actions contribute to harmony in the world.

I can never be separated out from the world around me. I am one with God, one with all of life. I pray in peace. I pray in harmony. I raise my thought vibration to bless the world with harmony and compassion from which my actions flow ... ≈

In gratitude for our growing spiritual awareness, and in appreciation of our collective contribution to the world, we close this period of prayer with a commitment to being present in the moments ahead—present to peace, present to life, present to order, and present to wisdom. Together, let us recite the “Prayer for Protection”:

The light of God surrounds us;
I AM light.

The love of God enfolds us;
I AM love.

The power of God protects us;
I AM power.

The presence of God watches over us.
I AM presence.

Wherever we are, God is!
I AM Divine.

For prayer support, visit unity.org/prayer or go to [facebook.com/beunity](https://www.facebook.com/beunity).



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