

UNITY WORLD DAY OF PRAYER



UNITY WORLD DAY OF PRAYER 2022

GUIDING PRAYER— WORLD DAY OF PRAYER 2022

With an inward and upward gaze, I rise from human concerns so that I might revel in the indwelling Spirit. I take my place in the seat of prayer, in the radiance of divine light. I hold the high watch for all people, knowing the truth of oneness and wholeness.

I am one with divine love that lifts the sorrowful and suffering. I am one with divine life by which they heal. I am one with divine wisdom that beams like a lighthouse, shining light on their path ahead.

My eyes of faith have a view of the horizon up here on the mountaintop of awareness. I wait, watchfully. I view the fulfillment of dreams and intentions, for me and for all those with whom I pray, without obstruction and in a state of expectancy. My vision is far-reaching as I hold the high watch. I say, "Amen, let it be. And so it is."

AFFIRMATION

I pray with an elevated mind and open heart.



Rev. Linda Martella-Whitsett,
Vice President of Unity Prayer
Ministry

UPHOLD ONE ANOTHER IN PRAYER

A Message from Rev. Linda Martella-Whitsett, Vice President of Unity Prayer Ministry

Your heartfelt prayer is wanted! Unite with the Unity Prayer Ministry in a 24-hour sacred experience of holding the high watch in prayer for yourself, your loved ones, the world, and all life everywhere in this year's World Day of Prayer. Enter the Silence with us. Name everyone on your prayer list who will be held in prayer along with us. In the spirit of oneness, together we uphold one another.

I hope you'll also use the Questions for Reflection on the other side of this newsletter to deepen your World Day of Prayer experience. They're perfect for sharing with your family and friends. We are so looking forward to holding the high watch with you!

QUESTIONS FOR REFLECTION—#WDOP22

You may use these questions for personal reflection during your own quiet moments of prayer. They also make wonderful questions to use in group prayer. Please let us know how you're using them—and what conversations they've opened for you—on Facebook and Twitter. Use the hashtag #WDOP22.

How can I elevate my mind?

When I feel overloaded with my human circumstances, when the world presses in from all sides, how do I shift into prayer? What spiritual tools do I employ to calm human concerns, harness the power of mind, and open my heart?

"We have no independent mind; there is only universal Mind; but we have consciousness in that mind and we have control over that consciousness. We have control over our own thoughts, and our thoughts make up our consciousness."

—Charles Fillmore, *Keep a True Lent*

What does it mean to hold the high watch?

Holding the high watch is our ability to slip into the state of silence, beyond thoughts, upholding the truth for those with whom we pray. How do I transition from conscious thought to spiritual silence? How do I proceed when becoming aware of intrusive thoughts?

"True prayer brings about an exalted radiation of energy, and when it is accompanied by faith, judgment, and love, the word of Truth bursts forth in a stream of light that, when held in mind, illumines, uplifts, and glorifies."

—Charles Fillmore, *Atom-Smashing Power of Mind*

How does prayer make a difference?

With my participation in World Day of Prayer, I become part of a global consciousness for individual as well as collective prayer intentions. What inner spiritual capacities can I recognize, claim, and hold as my contribution? How might I foster peace of mind in support of peace in the world?

"The way to heal the nations is to start in our own consciousness. Let us get in touch with the great spiritual reservoir of love and harmony within us. Then let our harmonious radiance brighten our own homes, let it radiate to our government, and then to the whole world. Peace begins in the center of our own harmonious consciousness."

—May Rowland, *Dare to Believe!*

How Can You Participate in World Day of Prayer?

- Please return your prayer requests and your prayer list using the forms enclosed with this newsletter or online at go.unity.org/wdop.
- Join us for the opening ceremony, which will be online September 7 at 7 p.m. (CT). Visit go.unity.org/wdop today to register and get more information.

You can make a contribution to help expand the unlimited potential of affirmative prayer.

- **By mail:**
Unity
1901 NW Blue Parkway
Unity Village, MO 64065-0001
(Please make your check payable to "Unity.")
- **Online** at go.unity.org/wdop/give.
- **By phone** at 816-969-2069 between the hours of 7:30 a.m. and 4:30 p.m. (CT), Monday through Friday.

